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LINGUISTIC STRESS AND ITS RELATIONSHIP TO PHRASING: RHYTHM AND METRE IN LEE HYLA'S DREAM OF INNOCENT III

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Bryan's research centres on musical analysis and its relation to perception and performance, particularly applying linguistic theories to understand the articulation and apprehension of phrase and structure in contemporary music. He has presented his research at conferences across the United States and in Austria, Norway, and Portugal.

Abstract: Linguistic Stress and its Relationship to Phrasing: Rhythm and Metre in Lee Hyla's *Dream of Innocent III*

Rhythm and metre are essential to the compositional aesthetic of Lee Hyla (1952–2014). Hyla was one of a small group of composers in the north-eastern region of the United States in the 1980's who developed their compositional aesthetics incorporating influences from other genres, particularly rock and jazz. These composers embraced the aesthetics of time found in non-classical music, reflecting these temporal characteristics within their own rigorous compositional languages.

The saliency of metre and rhythm in Hyla's music necessitates a different approach to analysis from analytical systems that prioritise harmony, particularly when parsing phrasing. More than pitched elements or harmony, rhythm and metre are the primary structural and stylistic determinants of Hyla's music, which frequently reflects the tension between rhythm and metre found in rock and jazz. While his music sometimes features sections with a heard metre, he also works within the contrasting metrical framework of non-isochronous metre. And although events are notated within a metrical framework, that framework is not part of the music as heard.

This study of Hyla's *Dream of Innocent III* presents an analytical model inspired by a fusion of Lerdahl and Jackendoff's generative theory of tonal music and the linguistic stress theory of Bruce Hayes. Examining Hyla's music from the perspectives of rhythm, metre and temporality contributes to the performer's understanding of phrasing, in terms of both interpretation and perception.

Linguistic Stress and its Relationship to Phrasing: Rhythm and Metre in Lee Hyla's Dream of Innocent III

Active in New York City, Boston, and Chicago, Lee Hyla was known in particular for his chamber music and for his role as a member of the composition faculties at both New England Conservatory and Northwestern University. Despite his numerous commissions and influential teaching career, Hyla and his music have remained largely unstudied, discussed in only a few publications. As a cellist, I learned of his music when studying performance at Boston Conservatory; I was immediately drawn to its intensity and to the juxtaposition of aesthetics embodied in it.

Hyla's unique approach to music comes from his influences. These range from classical composers Ludwig van Beethoven and Elliott Carter to funk musician James Brown, avantgarde rock artist Captain Beefheart (notably his 1969 album, *Trout Mask Replica*), singer/songwriter Neil Young and free jazz pianist Cecil Taylor. These artists were all outliers in their own genres who, among other traits in which this was manifested, approached phrasing and structure in highly individual ways. Hyla embraced their rhythmic intensity and strong gestures to synthesize his own unique approach to time.

This influence is most evident through direct comparison, and the following discussion pairs audio examples of Brown and Beefheart with excerpts of Hyla's music. Brown's 1969 song "The Popcorn" was one of Hyla's favourites and contains features that are typical of Brown's style: a steady pulse maintained by the drums, an active bass guitar and syncopated melodic instruments with pointed articulation that combine to create an energetic texture. The relationship of the rhythmic independence in the melody to the steady metrical pulse creates a driving tension, as heard in the opening of the song in Example 1. For comparison, Example 2 contains Hyla's *We Speak Etruscan* for baritone saxophone and bass clarinet, which displays a similarly lively texture with energetic articulations and a feeling of syncopation within the rhythmic execution.

Ex. 1- Brown, "The Popcorn"

Ex. 2- Hyla, We Speak Etruscan²

The next two examples juxtapose the music of Hyla with Beefheart's *Trout Mask Replica*. In his Washington Post review, Tim Page classifies *Trout Mask Replica* as "one of the densest, strangest and most immediately off-putting records ever made".³ The album features speech-like vocals, non-aligned instrumental voices and words used for their sonic, rather than semantic, content. Beefheart's music displays a loose rhythmic alignment that propels the music forward, as shown by "Frownland" in Ex. 3. The chaotic texture creates a large-scale sense of time that supports a vocal line resembling natural speech more than song. Hyla's music shares with Beefheart's this non-exact alignment and combination of seemingly disparate instrumental lines to create a texture that is still temporally organised. The introduction to Hyla's String Quartet No. 4 in Example 4 mirrors the metrically loose beginning of "Frownland."

Ex. 3- "Frownland," Captain Beefheart, Trout Mask Replica⁴

DEx. 4- Hyla, String Quartet No. 4⁵

The complexity of Hyla's notation obscures the way his music is imbued with the rhythmic feel of his influences, but there underlying structures and patterns discernible that derive from a similar approach to time. Hyla uses dense, uneven, and irregular rhythms, written as combinations of various subdivisions of the notated metres, where simple metric and rhythmic notations would not communicate the specificity of rhythmic placement. His non-classical influences include performance traditions that rely on interpretive performative alterations to rhythm. An example is the concept of "swinging" in which consecutive quavers are performed unevenly, with the degree of unevenness depending on the context and the performer. Hyla specifically captures and notates such temporal alterations, organising the notes so as to be free of an even metre but nevertheless implying a strictness of compositional control that is at odds with the freedom of "swing".

The music of Brown, Beefheart, Young, and Taylor contains small gestures, or contiguous units of music that display energetic shaping through time. The term "gesture" has many definitions, but I use the word to refer to small groups of notes, heard in the music of these artists as "licks" or melodic fragments and as repeated ostinatos in the rhythm section. The shape of each gesture is understood according to the hierarchy of its constituents, and largerlevel phrasing is perceived according to the relationship of gestures. My analytical framework illuminates structure through hierarchical organisation according to perceptual salience. All music contains gesture, but the concept is particularly important when analysing and performing Hyla's music because his non-classical influences use gesture differently than classical music does; structure is therefore definable more according to gesture than to standard phrase forms. Analysis of Hyla's music benefits from a focus on perception rather than on the features traditionally highlighted by analysts of classical music.

This sense of gesture is central to analysing Hyla's approach to phrasing and structure; his notation moulds every note in terms of its precise duration. In lieu of an even, perceptible metre, the music's temporal structure relies upon the juxtaposition of gestures and on the relationship of each gesture to its neighbours. In Hyla's music, some sections do have a steady, periodic beat, but my analytical framework shows temporal structure even in sections without a perceptible pulse. These passages with non-isochronous metre contain points of perceptual prominence that are not evenly spaced in time, a phenomenon which results from rubato, frequent notated metre changes and additive metres such as 2/4 + 1/8. The rhythms are often offset from the notated beats, further obscuring the underlying metre, even though events are notated within a metrical framework.

Because rhythm is a perceptual phenomenon which we also experience beyond the constructs of music, approaches to rhythm in other domains can aid the understanding of temporality in Hyla's music, which operates outside the tonal tradition. The aural similarity between Hyla's rhythms and speech rhythms led me to investigate the description of rhythm in linguistics, which focuses on word stress as the element of temporal organisation in English. Stress operates differently in every language, so I investigated research about Hyla's native language of English.

In order to understand and analyse temporal tension and phrasing in Hyla's music, I have combined Bruce Hayes's linguistic stress theory⁶ with Fred Lerdahl and Ray Jackendoff's generative theory of tonal music (GTTM)⁷ to develop a rhythmically-based analytical framework. GTTM, published in 1983, described the perception of heard structures through the use of Noam Chomsky's generative linguistic theory; it employs wellformedness rules and preference rules to guide analyses that reflect the heard structure. However, GTTM relies on periodic metre, so, in order to analyse meaningfully Hyla's music, the theory must be extended beyond the assumptions of periodic metre and traditional beat hierarchy. Because linguistic stress theory suggests stress in language manifests as linguistic rhythm and operates

hierarchically without a periodic framework, the theory can assist in analysing music without a constant, evenly-spaced beat.

Studies have shown a relationship between the rhythm of a composer's language and that of their music by comparing the durational variability of each.⁸ For instance, a sequence of crotchets with one quaver will have very little durational variability as compared to a combination of notes all of different durational values. Languages are classified as being organised rhythmically around either stress or syllables. Stress-timed languages, such as English, German, Norwegian, Russian, and Arabic, are organised around stresses, meaning that syllables vary greatly in length. For example, each word in the sentence "dogs chase cats" includes a perceptual focus that persists even when expanding the sentence with more words, such as "the dogs are chasing the cats"; the added words are spoken with much shorter syllables. Syllable-timed languages, such as French, Italian, Finnish, and Turkish are spoken with each syllable lasting roughly the same amount of time. The syllable rhythms can be measured with the normalized pairwise variability index (nPVI), which measures durational variability.

English speech has a higher durational variability than French, which makes sense given that English is stress-timed and French is syllable-timed. However, this relationship was similarly reflected in the comparison between English and French music through the work of Aniruddh Patel and Joseph Daniele.⁹ They used the Barlow and Morgenstern *Dictionary of Musical Themes* for source material, including all composers who were born in the 1800's and died in the 1900's and who were native speakers of British English or French living and working in their home country. The authors also excluded music that used words or purposefully reflected a cultural style. Example 5 shows the results of their experiment, in which French speech and music display a lower durational variability than English speech and music.



Ex. 5- Proportional relationship of English and French speech and music¹⁰

I attribute the "speech-like" quality of Hyla's music to the uneven rhythmic values and infrequent or heavily varied repetition. Speech breaks down hierarchically into sentences, phrases, and words, which can be understood as analogous to musical phrases and gestures. Because the rhythm of English speech is organised around stresses, rhythms vary greatly in length. Curated speech, such as poetry or broadcast media, is often presented with a consciously controlled rhythm, but I am focusing on the rhythm of unplanned speaking. The following examples juxtapose speech with Hyla's music to show the rhythmic similarities. Example 6 contains an audio clip of Ira Glass being interviewed in 2016 with an unprepared answer to a question about his favourite episode of his show 'This American Life'. His statement groups

into small fragments, like gestures. To show the similarity of Hyla's rhythms to speech, Example 7 contains an excerpt from the middle of Hyla's piano trio *Amnesia Redux* in which all three instruments play in rhythmic near-unison. The rhythmic quality suggests the music as being segmented into small gestures that sound more like speech than symmetrical phrase structures.

Ex. 6- Ira Glass speaking

Ex. 7- Hyla, Amnesia Redux¹¹

This speech-like quality of rhythm is often disguised by pitch and harmony, so I have reduced the examples to rhythm alone. Each tick represents a syllable or the inception of a note, with Ira Glass's speech in Example 8 and Hyla's music in Example 9.

Ex. 8- Ira Glass speaking as rhythm¹²

Ex. 9- Hyla, Amnesia Redux excerpt as rhythm

These speech-like qualities further inspired me to explore how linguistic theories could augment or expand GTTM. Employing another linguistic theory to describe the way emphasis operates in post-tonal music also aligns with GTTM's origins. Hyla used his voice when composing, as shown in my research conducted in Hyla's archive in Chicago. I found several cassette tapes he used while composing that contain audio of him working out his music by singing and scatting while playing the piano. He would record himself playing the piano and sometimes vocalizing, and then he would record himself a second time playing and vocalizing over the first recording.

To show how stress theory operates, Example 10 shows an analysis selected from Bruce Hayes's book. Metrical stress theory assigns stress according to lexical rules, grammar, and sentence structure. Each syllable receives a dot or X, with the X's representing relative levels of stress, and groups are enclosed within parentheses at each hierarchical level. This analysis describes the heard structure.

 $(\begin{array}{ccc} & x \\ (& x \\ (& x \\ (& x \\)(& x \\) \\ Belgian farmers grow turnips \\ \end{array}$

Ex. 10- Example of Hayes's stress theory¹³

To illustrate the development of my analytical framework, I have chosen an example representative of Hyla's style from *Dream of Innocent III (DOI3)* for amplified cello, piano, and percussion. Example 11 shows measures 159-166 from the cello part, which comes from the middle of the second part of the piece. The discussion that follows begins with GTTM's grouping structure and metrical structure before discussing the issues guiding the incorporation of metrical stress theory. Grouping structure is hierarchical in nature and reflects the auditory perception of rhythms irrespective of the conventions of tonality; every group contains smaller groups and also belongs to larger groups. Grouping preference rules delineate group boundaries based on long durations, changes in register, dynamics, or articulation, and the desire for

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similarities between groups. Hyla's music can be understood through grouping structure, particularly because the changes that mark boundaries are often extreme.



Ex. 11- DOI3 mm. 159-166, cello: Grouping structure

Characteristic features of Hyla's temporal approach evident in this example are: additive time signatures, time signature changes between almost every measure, a tempo range, and a notated metrical disruption. These details show the temporal complexity of Hyla's music and exhibit some of the issues inspiring my analysis. Groups contain varying subdivisions of the notated beat, but the grouping boundaries are still clear according to GTTM's rules despite the fact that the metre changes between every measure.

The different time signatures throughout Example 11 show that the delineating symmetrical gestures would not match the musical surface and exhibit parallelism as a more important analytical condition than symmetry. For example, mm. 159, 160, and 163 all contain an upward line beginning from a low C; despite the slight alterations between each of the gestures, they are heard as being parallel. Rests clearly separate most of the gestures at the smallest level. The grouping boundary into the final measure is delineated by a change to a new rhythmic pattern with an upward melodic jump from a downward contour. Hyla's specificity of notation reveals his compositional precision, and the resulting construction of each measure as a group at different levels shows how Hyla tailored the notation to reinforce the organisation of the musical surface.

Metrical structure refers to the pattern of strong and weak beats inferred by the listener, which is not always periodic or isochronous in Hyla's music. Primarily, the tactus and the immediately larger levels do not always consist of evenly spaced beats, and Hyla frequently mixes time signatures that cannot be divided in parallel ways. This hierarchy is essential to the heard structure and operates differently in Hyla's music than in tonal music, which is why I focus on perceptual rather than metrical salience.

Several of GTTM's metrical preference rules are irrelevant or conflict with the musical surface. Most notably, cadences and suspensions operate differently and will therefore not be involved in the heard structure, as they are in GTTM. The beginning of Example 11 displayed one of the main issues with trying to analyse the metrical structure without a repeating metre. Example 12 shows the instability of assigning a traditional metrical structure to the measures immediately preceding it - mm. 155-159 of *DOI3*. The dots represent the crotchet level and higher. The differing time signatures of these measures make symmetry impossible at higher levels. The downbeat of m. 157 would be expected to receive the larger metrical beat, but a description favouring parallelism of the previous measures displaces the larger level beat from the downbeat to the middle of the bar where it consequently aligns with the highest pitch in that group. Attempting to assign metrical structure to this excerpt requires a revision of the basic assumptions of the structure.



Next, rhythms that are offset from the beat prioritize the preference for a heard structure in which strong beats coincide with the inception of pitch-events rather than notated metrical beats. These rhythms reflect the tension between rhythm and metre in Hyla's non-classical influences, although Hyla uses this concept outside of an even pulse. My analysis favours the perceptual salience of the inception of the pitch event because the music does not contain a steady pulse to set expectations for the placement of future beats; the listener will not entrain to a metre, so the attention will be drawn to the inception despite the offbeat placement. Example 13 shows a repeated figure with offset dotted semiquavers in m.166. Symmetry in GTTM would consider the accented events as beats at the level of the demi-semiquavers, with the empty space receiving the larger quaver beat. However, an alternative analysis in Example 14 that eliminates the quaver level in the measure more accurately addresses the structure by showing the salience of the inception of pitch events, although this produces an ill-formed structure according to GTTM. Addressing this issue at larger levels with more easily perceived subdivisions is important in the development of my framework, which prioritizes perceptual markers in lieu of entrainment to a periodic metre.



Ex. 13- DOI3 m. 166, cello: Inception of notes vs. notated beats



Ex. 14- DOI3 m. 166, cello: Analysis eliminating quaver level

To address such issues, I employ Hayes's stress theory. The primary perceptual markers of linguistic stress are pitch contour, duration, and loudness – aspects that can be organised hierarchically within music. Specific characteristics of these qualities do not invariably signal stress; for example, both low and high pitch can receive greater stress depending on the context. The perceptual indicators of stress in language lead to a few basic rules: stress aligns with the relatively highest or lowest pitch, with relatively longer notes, and with relatively louder notes but not very strongly. Hayes writes that stress "unifies in a coherent way a broad set of phenomena," ¹⁴ and my analytical framework distils the above factors into a unified presentation from the bottom up. Example 15 contains an example analysis of mm. 159-162. The prominence of this group is encompassed in a single tree, with each line indicating the prominent notes. The height of the lines corresponds to the hierarchical level of prominence, so the tallest line indicates the most prominent event. The first two prominent notes are the cello's lowest pitch, the open C string, at the bottom of the pitch contour of this excerpt; they also have longer durations than the surrounding notes. The accent and pitch height suggest

prominence on the downbeat of m. 161, but the high D in m. 162 is prominent at a higher level. The final B receives prominence because of pitch contour.



EX. 15- DOI3 mm. 159-162, cello: Prominence structure

As I have shown, my analytical framework is based on the combination of GTTM and metrical stress theory from linguistics to describe temporal structure. In examining Hyla's music through the lens of stress and emphasis, my framework provides an outline of phrasing and structure revealing how gesture forms the basis of Hyla's approach to time. Further exploration would apply my framework to other repertoire to examine how it reveals meaningful information about temporal structure and phrasing outside of Hyla's music.

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- ¹¹ Lee Hyla, *Lee Hyla: Wilson's Ivory-Bill*, Triple Helix (Tzadik, 8027, 2006).
- ¹² I created Ex. 8 and Ex. 9 manually using Garageband.
- ¹³ Hayes, p. 369.
- ¹⁴ Hayes, p. 9.